

Roots Café



Breakfast Menu

Kickstart your day with a sumptuous breakfast!

Please feel free to help yourself from our buffet which will always have a selection of freshly squeezed juices comprising at least 2 of the following: orange juice; apple juice; carrot and ginger juice; super beet - apples, beetroot, cucumber, lemon and mint; or green machine - celery, spinach and granny smith apples. Also from our buffet:

- Fresh seasonal fruit
- Cereal
- Freshly baked muffins
- Homemade rusks
- Coffee
- Tea - Rooibos, Earl Grey, English Breakfast, Chamomile, Green Tea R85

Smoothies - variety from seasonal fruit available – with or without yoghurt R30

Paradise breakfast - fresh seasonal fruit salad served with thick plain yoghurt, homemade muesli and honey R50

Oats - served with honey and enhanced with a touch of fruit salad R50

Traditional breakfast with a South African flavour - choice of eggs, with bacon, grilled cherry tomatoes sprinkled with fresh garden herbs, boerewors chakalaka and toast R65

Omelettes - 3 egg omelette with your choice of filling: mushrooms, peppers, tomatoes, fresh chillies, onions, cheddar cheese, bacon, and our garden herbs R65

Our speciality – sautéed herb mushrooms with scrambled egg, served with bacon rashers and grilled cherry tomatoes infused with fresh thyme from our garden R65

Please note that last orders for breakfast must be placed by 10.00.

Our "Roots" date back to 1892